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**ADMINISTRATION OF RESVERATROL TO TREAT**  
**INFLAMMATORY RESPIRATORY DISORDERS**

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**ABSTRACT OF THE DISCLOSURE**

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A method is provided for treating inflammatory respiratory disorders such as asthma and chronic obstructive pulmonary disease (COPD). The method involves administration, preferably oral or pulmonary administration, of an active agent selected from the group consisting of resveratrol, pharmacologically acceptable salts, esters, amides, prodrugs and analogs thereof, and combinations of any of the foregoing. Pharmaceutical formulations for use in conjunction with the aforementioned method are provided as well.